

ALIVE & (UN)WELL

Reassessing social health
within the context of
architecture



It is time to reconsider social health in architecture.

How can design respond to and support the social health needs of a community within San Antonio, Texas?

WHY IT MATTERS

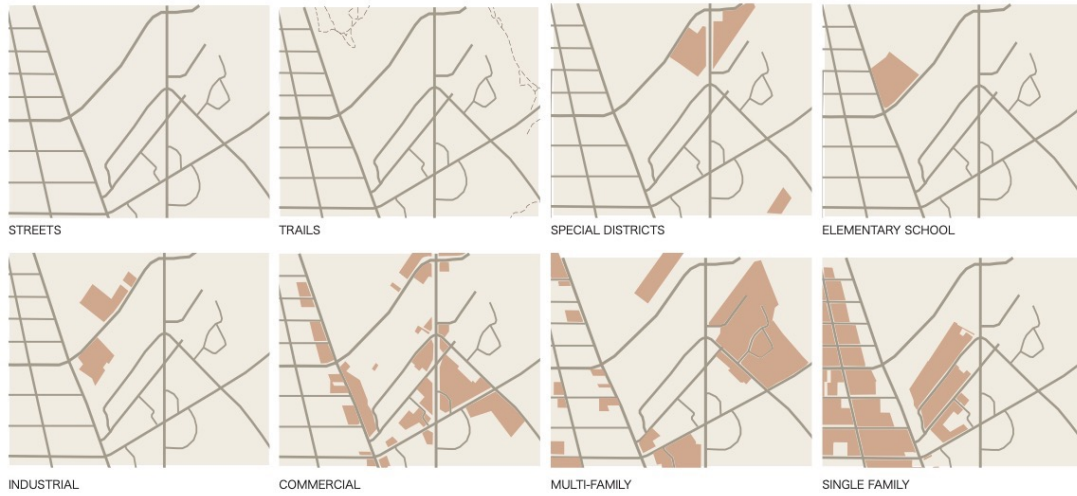


<https://www.cdc.gov/publichealthgateway/sdoh/index.html>

The pandemic has demonstrated the disparate approaches to health and well being on both the individual and communal levels with social health being one of the most important and lacking.

How can design respond to and support the social health needs of a community within San Antonio, Texas?

MOVEMENT & USE



The site chosen for this proposal is based upon the existing urban context.

CONTEXT & RESPONSE



The proposition of a village model aims to facilitate opportunities for connection, support, and betterment between the urban and sub-urban demographics within this neighborhood, while encouraging good health. The village is programmed to encourage all around good health through nutritional connections via a local health market and café, a space for technological connection, connection through physical and mental well-being and maintenance, and lastly connection through creative expression.



Social health is promoted through the health centric programming of the village and opportunities for gathering throughout the site.

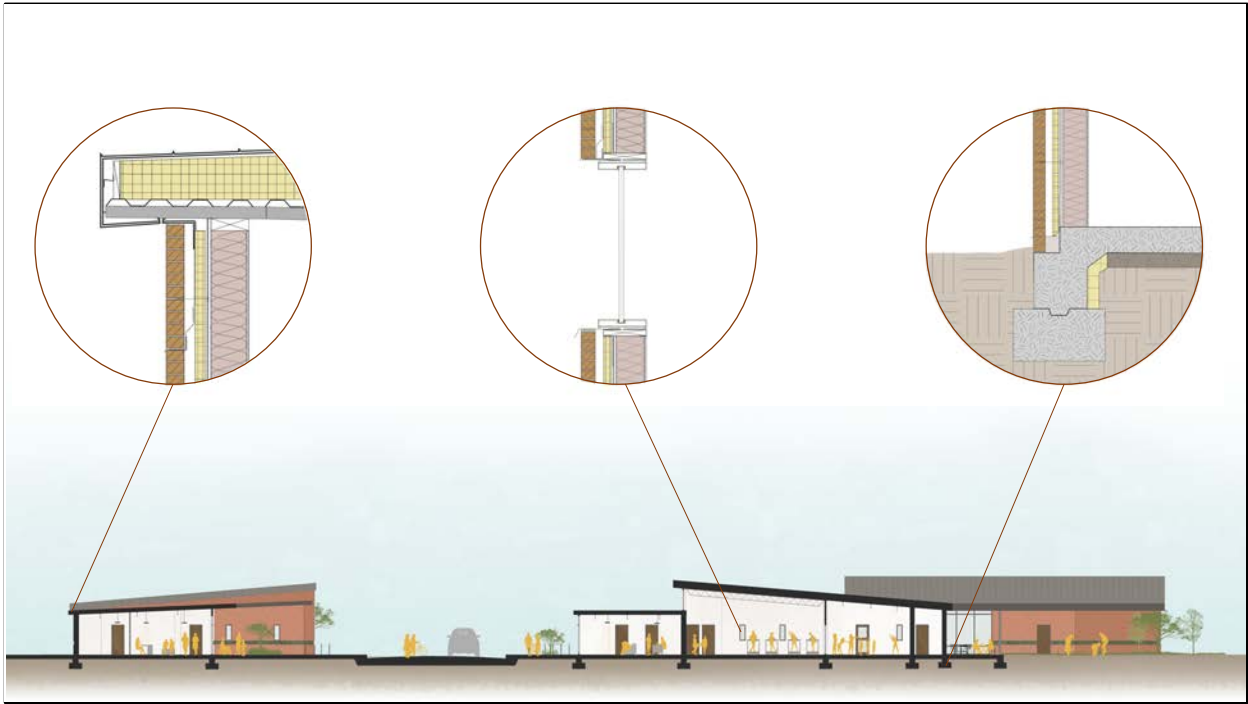
PROGRAM



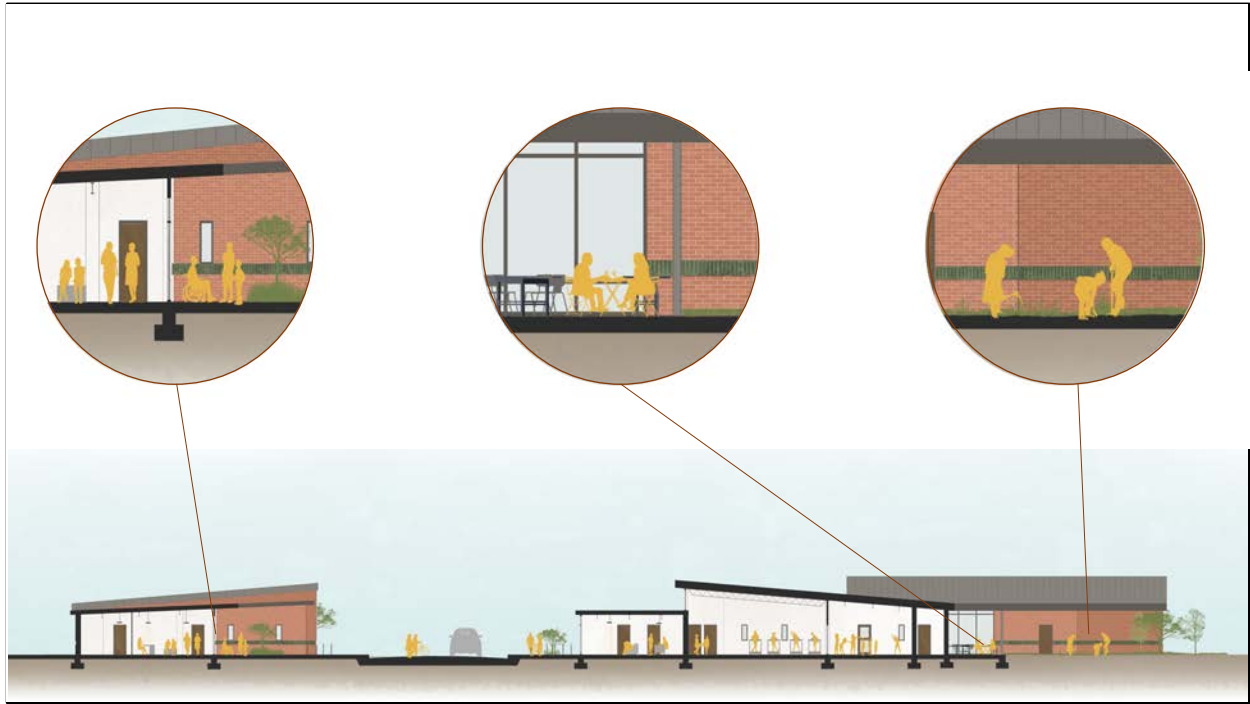
A closer look at programming.

FLOOR PLAN





The village finds cohesion in its materials. Economically chosen for ease of installation and maintenance.



The section is through the midline of the village between the clinic and recreation facility, in the background the café and community garden can be seen.



The focus of this proposal is influenced by the experiences of myself and others within my life who have had to face the challenges of a highly individualistic society. This journey of good social health and well-being is multifaceted and non-exclusive. It requires the collective, intentional effort of the community. Perhaps architecture can become an integral tool to social health.